

Lehi Legacy Center

123 N Center St 801-768-7124

www.lehi-ut.gov

LEHI LEGACY CENTER LEGACY CHEER SUMMER 2011

Get ready to Cheer!!!

Does your son or daughter want to cheer? The Legacy Center is offering a Peewee Cheer program. All youth 5yrs thru Junior High. This program will tremendously improve your tumbling, cheer, dance and stunting skills.

Classes

Monday

Beginning 4pm – 5pm Intermediate 5pm – 6pm Tumbling 6pm – 7pm

Entire Summer Tuition

60 min. class \$78 (Lehi Resident Discount \$68) Shirt Included!!!







×QUICK FACTS

What	Legacy Center Cheer
Where	Lehi Legacy Center
When	Monday
Class begins	June 6 th thru August 15 th
Time	times listed above
Who	5vrs thru Junior High

Last class is August 15th

*No Refunds after the first week of program

REGISTRATION

Registration begins May 9th, 2011

Legacy Back Office Mon-Fri 8am-6pm OR www.lehi-ut.gov



For more information contact Legacy Front Desk @ 801-768-7124





Class Description & What to Wear!

BEGINNING SQUAD Cheer (5yrs to 5th Grade)

Basic cheerleading instruction. Focus on strengthening, Balance, Body control, and Flexibility. Objectives include Team Building skills and goal setting.

Clothing: comfortable, moveable clothing and tennis shoes. Please keep hair pulled back.

INTERMEDIATE SQUAD Cheer (5yrs to 6th Grade/Junior High)

This class is designed to give girls who have mastered basic cheerleading skills, more of a challenge!! Some cheer, dance, or gymnastic experience required.

Perfecting and building on already established cheerleading knowledge. Emphasis on strengthening, technique, stunting, Team building and goal setting.

Clothing: comfortable, moveable clothing, unless otherwise instructed by their coach.

MUST WEAR TENNIS SHOES TO PARTICIPATE! (Safety Law) Hair must be pulled back.

TUMBLING Cheer (Beginning/Intermediate, 5yrs to 6th Grade/Junior High)

Intro to tumbling. Focus on basics like rolls, handstands, cartwheels, round offs, and back handsprings. Clothing: tight shorts & shirt or prefer gymnastics suit. Hair pulled back.

Please NO jewelry!